



November 2018

BOARD OF DIRECTORS

President	Jim Foley
VP	Michael Toback
Secretary	Laurel Smith
Treasurer	Gloria Felcyn
Director	Nora White
Director	Jeff Klopotic
Director	Tom Schmidt

VINEYARDS WEBSITE

www.vineyardsofsaratoga.com

Monthly newsletter, HOA forms and documents, Bylaws, CC&Rs, Rules and Regulations.

HOA Board meeting minutes Want to receive e-mail alerts? Please e-mail your name and unit number, indicating if you are an owner or tenant to <u>regis-</u> <u>ter@vineyardsofsaratoga.com</u>

Welcome wagon for new residents

welcome@vineyardsofsaratoga.com

HELPFUL CONTACTS Community Management Services

To report problems with outdoor lights or sprinklers and request repairs please call or email CMS customer service:

cs@ communitymanagement.com

THE NEXT BOARD OF DIRECTORS MEETING

The Board meeting will be held on Thursday December 13th at 7:00pm.

The agenda for all board meetings is posted in advance at the entrance to the Clubhouse. Monthly meetings are open to all homeowners. The 15-20 minute Open Forum session at the start is an opportunity to have any issues heard by the board, association manager, and others present, and to ask questions about any projects or decisions addressed by the board.

Following Open Forum, the meeting is limited to those issues posted on the agenda. Homeowners are welcome and encouraged to stay and observe, but this part of the meeting is closed to owner participation. Minutes of all meetings are posted on the website after they have been approved at the next board meeting.

Vineyards Holiday Party



JOIN IN THE FUN AT THE VINEYARDS HOLIDAY PARTY

Saturday, December 1st, 2018 @ 4:00 PM

Vineyards Clubhouse

Bring your favorite appetizer, holiday goodie and/or drink to share



COMMUNITY NEWS

Spa Covering

Several users have been leaving the spa cover off after they finish using the hot tub – please always replace the cover to reduce energy wastage. We will be checking security video footage to identify the people concerned, but if you know anything about this please save us some time and contact CMS or a board member.

Recycling

Reminder about Recycling

There has been a lot of violations of one of the operating rules recently. Section 5.3 regarding the property disposal of recycling. Please review this section and dispose of recycling properly. http://vineyardsofsaratoga.com/documents/120%20Operating%20Rules%202017-06-01.pdf

Vineyards Posting Boards

Notice boards are for official Vineyards of Saratoga use only. The Board of Directors or people designated by the Board are the only people allowed to post on these boards

Car Break-Ins

In October there have been a bunch of vehicle break ins at the Vineyards of Saratoga. Please make sure you lock the doors of your vehicles and do not leave anything visible in them. Even a blank piece of paper may be mistaken for something of value.

CMS Holiday Hours—Closed following Days

Monday December 24, 2018

Tuesday December 25, 2018

Monday December 31, 2018

Tuesday January 1, 2019

Happy Holiday to Grapevine Homeowners!!!



Word to the Wise

The main adverse health impact of burning wood, manufactured fireplace logs or similar products in common fireplaces is wood smoke, which contains harmful particulate matter (PM) and volatile organic compounds (VOCs). On its web site, the Bay Area Air Quality Management District states: "During the winter, smoke from residential wood burning is the leading cause of air pollution in the Bay Area. Small particles and toxic chemicals from wood smoke can cause serious health problems, especially in children, older adults, and those with heart or respiratory problems."

Additionally, the California Air Resources Board in its *Wood Burning Handbook* states: "...Wood smoke also contains VOCs which include toxic and/or cancer-causing substances, such as benzene, formaldehyde and benzo-a-pyrene, a polycyclic aromatic hydrocarbon (PAH). Manufactured fireplace logs, for instance, are not recommended for burning because they produce toxic fumes, including PCBs (polychlorinated biphenyls)..." Furthermore, this handbook states the emitted particulate matter (PM) includes very fine particles of 2.5 microns or less in diameter (PM2.5), which "pose an increased health risk because they can lodge deep in the lungs and contain substances that are particularly harmful to human health, contributing to lung diseases and cancer. Exposure to PM2.5 may even cause early death in people with existing heart and lung disease."

Also, in order to minimize the levels of indoor combustion pollutants emitted from older types of fireplaces, like the original fireplaces installed at the Vineyards of Saratoga, large volumes of indoor air must be exhausted up the chimney during such burning. As a result, furnaces usually have to run longer in order to heat and replace such exhausted air, thus increasing utility bills. And finally, the PM2.5 impact from such wood burning fireplaces on surrounding condominiums not burning wood, can be similar to personal smoking, which is banned in the Vineyards of Saratoga.

In summary, one of the best ways to help protect you and/or your neighbors from the adverse effects of toxic air pollutants and potentially save money, is to avoid burning wood, manufactured fireplace logs or similar products in any fireplace at the Vineyards of Saratoga.

Anthony R. Fisher. Ph.D.

Stuffing of Champions

Directions:

- 1. Allow the bread to become stale overnight.
- 2. Break stale bread into pieces and place in a large bowl.
- 3. Melt the butter in a medium saucepan over medium-low heat. Slowly cook and stir the celery and onions until the onions are soft.
- 4. Transfer to the bowl with bread and mix by hand until well blended.
- 5. Sprinkle the mixture with sage seasoning and use to stuff the bird.

